



INergy™ is a perioperative immunonutrition formula that supports immune function and wound healing.

DESCRIPTION

INergy™ is an immunonutrition formula to be taken both before and after surgery. INergy's™ immune enhancing ingredients have been shown to decrease the rate of Surgical Site Infection (SSI) and the Hospital Length Of Stay (LOS) while increasing patient satisfaction.

INDICATIONS

Nutritional intervention for the preparation and recovery from major elective surgery:

- Gastrointestinal surgery (esophageal, gastric, pancreatic, colon)
- Head and neck surgery
- Cardiac surgery
- Bladder cancer surgery
- Gynecological cancer surgery
- Hip surgery
- Burns and wounds
- Pressure injuries
- Metabolic stress

DIRECTIONS FOR USE

- 1 Measure out 250 mL of cold water.
- 2 Add the contents of one container of INergy™ and stir/shake until completely dissolved.
- 3 Drink beverage immediately after mixing. Repeat steps for each additional container.



Enhanced
Medical
Nutrition

Innovation In Perioperative Immunonutrition

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WHEN SHOULD I TAKE INERGY™?

- INergy™ should be taken beginning at 5 days before surgery and continue until 5 days after surgery unless otherwise instructed by your healthcare provider.
- Drink 3 full containers each of the 10 days.
- Adjust diet as needed and create a checklist to ensure you are taking the right number of containers each day.
- *Dosage and administration to be determined by healthcare professional.

DO I NEED TO DRINK ALL OF THE CONTAINERS PROVIDED?

- Yes, unless otherwise instructed by your healthcare provider.
- The number of INergy™ containers provided is based off of current research that demonstrates the optimal intake of immunonutrition elements to contribute to an enhanced recovery after surgery.

PRECAUTIONS

- Contains milk and dairy products (trace lactose).
- INergy™ is not nutritionally complete and should not be used as a sole source of nutrition.
- Use only under medical supervision.



CONTRAINDICATIONS

- Not suitable for those with galactosemia.
- Not suitable for parenteral use.



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